

## ***Curriculum Vitae***

### **Dr. Rajiv Shah, MS (Orthopedics)**

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Current Position	Practising Orthopedic Surgeon & Chairman Sterling Unity Hospital Race Course Circle (W) Vadodara – 390 007, Gujarat, India
Secondary Education 1976	Sri Sardar Vallabhbhai Vidhyalay (I – X) Vadodara, Gujarat, India
Higher Secondary Education 1978	University Experimental School (XI – XII) Vadodara, Gujarat, India
M.B.B.S. 1983	Baroda Medical College & S.S.G. Hospital The Maharaja Sayajirao University of Baroda Vadodara, Gujarat, India
M.S. (Orthopedics) 1987	Baroda Medical College & S.S.G. Hospital The Maharaja Sayajirao University of Baroda Vadodara, Gujarat, India
1987-1988	Chief Orthopedic Surgeon Saukalchand Patel Orthopedic Hospital Visnagar, Gujarat, India
1988 – Till Date	Baroda Orthopedic Hospital Vadodara, Gujarat, India
2003 – Till Date	Chairman Sterling Unity Hospital Vadodara, Gujarat, India

#### **Practice Philosophy:**

My patients deserve the treatment in a most compassionate, caring manner. While treating my patients, I would always think that if this patient happened to be my near and dear relative, what I would do and the same kind of care I would like to deliver to him/her. I always pray Almighty to give me strength and wisdom to do the best for my patients. If not, I should not treat them in a manner which would make them incurable by others.

### **Academic Achievements:**

- Stood first in school throughout from Standard I to X.
- First in Center, Second in City and Eighth in Gujarat State in New S.S.C. Examination (Standard X) conducted by Gujarat State S.S.C. Board.
- Gold Medal by S.S.C. Board for securing highest marks in Gujarati (Std. X) in the whole State of Gujarat.
- First in center, Third in City in H.S.C. Examination (Std. XII) conducted by Gujarat State H.S.C. Board.
- 10<sup>th</sup> position in M.B.B.S. from The Maharaja Sayajirao University of Vadodara (Baroda Medical College & S.S.G. Hospital), Baroda.
- M.S. (Orthopedics) from The Maharaja Sayajirao University of Vadodara (Baroda Medical College & S.S.G. Hospital), Baroda.

### **Awards, Medals & Honours:**

- District Middle School Scholarship Award
- District Higher School Scholarship Award
- National Talent Search Scholarship Award
- Gold Medal for Highest Marks in Gujarati Subject in the whole State in S.S.C. Exams
- Gold Medal by Sri Dabhoi Dasalad Samaj for first in Samaj in Std. X
- Gold Medal by Sri Dabhoi Dasalad Samaj for first in Samaj in Std. XII
- Gold Medal by Sri Dabhoi Dasalad Samaj for first in Samaj in 1st M.B.B.S.
- Gold Medal by Sri Dabhoi Dasalad Samaj for first in Samaj in 2<sup>nd</sup> M.B.B.S.
- Honoured by Baroda Municipal Corporation for securing maximum number of Awards at national inter-college festival named “PHOENIX – 82”
- Gold Medal by Sri Dabhoi Dasalad Samaj for first in Samaj in 3<sup>rd</sup> M.B.B.S.
- Merit Award by M.S. University of Baroda for Best Performer in M.S. (Orthopedics) Exams.
- Gold Medal by Sri Dabhoi Dasalad Samaj for first in Samaj in M.S. (Orthopedics).
- “Olympian Honours Award”, awarded for True Olympian Spirit of “Caring For Human Race”, selection of which was done by patients in response to “Heart to Heart” campaign by Cadila Industries.
- Vikas Ratna Award by International Friendship Society of India – 1995.

### **Professional Achievements:**

- Cleared M.B.B.S. in 1982 from Baroda Medical College & S.S.G. Hospital, Baroda. The S.S.G. Hospital is a 1500 bedded tertiary multi-speciality District Referral Hospital where I had exposure into all the sub-speciality and super-specialities of Medicine, Surgery, Obstetrics & Gynecology, Preventive & Social Medicine, Pediatrics, etc.

- After clearing M.B.B.S., I had undergone intensive internship programme for 1 year, which included postings at Primary Health Centers & District Civil Hospital.
- Did 3 years' Residency Programme in Orthopedic Department of Sri Sayajirao Hospital wherein exhaustive exposure to evaluation and management of all kinds of trauma cases including delayed presentations, spine cases, replacement & arthroscopic surgeries.
- Worked as Editor of "Emester" – a monthly House Journal of The Maharaja Sayajirao University of Baroda, Vadodara.
- During 4<sup>th</sup> year Residency, I was involved into training and teaching of Junior Residents with total management of Orthopedic Wards with capacity of 200 indoor cases.
- Visiting Honorary Orthopedic Surgeon to District Leprosy Hospital where plenty of reconstructive Head & Foot surgeries were done.
- In year 1986-87, I was appointed as the First Orthopedic Surgeon to a 60 bedded Saukalchand Patel Orthopedic Trust Hospital at Visnagar, North Gujarat. The Department was set up and run by me. Worked here for 8 months wherein operated about 700 orthopedic cases and treated more than 18,000 orthopedic patients.
- In 1988, started own 35 bedded "**Baroda Orthopedic Hospital**", which consists of 3 high-tech operation suites and an intensive care unit in the heart of Baroda City.
- Running the same hospital for the last 18 years with Assistant Orthopedic Surgeons, a General Surgeon, an Ophthalmic Surgeon and a Gynec Surgeon. The said hospital is a big brand in itself and is on the panel of all major Corporates, Industries & Insurance Companies.
- Conceptualized and erected a Medical & Surgical ICU with O.R. back up, named "**Shiv Critical Care**" in the heart of City of Vadodara and am the founder Director of the same.
- Conceptualized and formed a Company made up of Doctors named "**Unity Medicare Limited**" and am the founder **Chairman of the Company**.
- UML floated the project of 120 bedded multi-speciality tertiary care hospital, named "**Unity Hospital**", which was started in June, 2003 and since then working there as the Chairman & Orthopedic Surgeon.
- Managing Trustee of "Unity Trust" – a Trust to help needy patients.
- Mentor and Advisory Board Member to "SAMVAAD" – a Medical House Journal of Unity Hospital.
- Invited Faculty Member of India's First Hands-on Workshop on "Ender nailing".
- Invited Faculty at Vadodara Orthopedic Association to deliver a lecture on "How I do it – Ender Nailing".
- Organizing Member A.O. Alumni Conference at Rajasthan.
- Paper presentation on "Enders Nailing in Complex Trauma" at Annual Conference of Gujarat Orthopedic Association.
- Team Leader of Bhuj Earthquake Relief Work Force, Indian Medical Association, Vadodara Chapter. Did exhaustive relief and rescue medical work at Bhuj during earthquake and thereafter.
- Invited Faculty to deliver a lecture on "Spinal Fusions" at Vadodara Orthopedic Association Symposium.

- Speaker to deliver a lecture on “Conservative Management of Lumbar Diseases” at Vadodara Spine Association Conference.
- Bombay Orthopedic Society Spine Fellowship.
- Invited Speaker at Symposium on “Proximal Femoral Fractures” organized by Baroda Orthopedic Association.
- Faculty Member at pre-conference Workshop on “Ender Nailing” at 48<sup>th</sup> Annual Conference of Indian Orthopedic Association.
- Scientific Presentation on “Ender nailing – Extended Integrations” at 48<sup>th</sup> Annual Conference of Indian Orthopedic Association.
- Invited Guest Lecturer to deliver a lecture on “Different Clinical Manifestations of Cervical Spine Dysfunction” at a seminar conducted by Indian Association of Physiotherapists, Vadodara Chapter.
- Chaired and conducted a session on “Live Surgical Demonstrations of Inter-locking Nailing” at National Orthopedic Trauma Update Course.
- Presented a Journal Review on “Complex Fractures” at Baroda Orthopedic Association.
- Fellowship for Advanced Posterior Lumbar Stabilization at Nice, France.
- Patron and Guest Speaker at “Regional Update on Occupational Health 2005” - Delivered a talk on “Role of Corporate Hospitals in Occupational Health.
- Paper presentation - “Minimally Invasive Spine Surgery” at Annual meeting of Baroda Orthopedic Association.
- Chairman and Founder Member of Vadodara EMS Project – a Public Private NGO Leadership Project of pre-hospital and Emergency Room Care.
- Guest Speaker at “Conclave 2006” – an International Conference on Indian Diaspora - Profile, Problems & Prospects. Delivered a talk on Medical Tourism in India.
- Organized and chaired Public Relations Committee at 24<sup>th</sup> Annual Conference of Gujarat Orthopedic Association, GOACON – 2006.
- Guest Speaker at seminar on “Role of Hospitals in Disaster Management” and delivered a lecture on “Role of Corporate Hospitals” in Disaster Management.
- Lecture on “Role of Medical Tourism” at Conference - “Tourism 2006 - Unlocking Gujarat’s Potential” organized by Confederation of Indian Industry.
- Invited Faculty at Conference on “Minimally Invasive Surgeries” organized by Vadodara Spine Association.
- Chairperson at “Shoulder Update” organized by Baroda Orthopedic Association.
- Conceived and formed “Foot and Ankle Associates” – a Team of three Orthopedic Surgeons to establish first ever Foot & Ankle Centre of Excellence in the country.

**Professional Membership:**

- Member, Indian Orthopedic Association.
- Member, Indian Medical Association.
- Member, Association of Spine Surgeons of India.
- Member, ASAMI, India.

- Member, Indian Arthroscopy Association.
- Member, Indian Foot Society.
- Member, A.O. Alumni.
- Member, A.O. Spine.
- Member, IGOF.
- Member, POSI.
- Member, Gujarat Orthopedic Association.
- Member, Bombay Orthopedic Society.
- Member, Gujarat Spine Association.
- Member, Baroda Orthopedic Association.
- Member, Baroda FPA.
- Member, Vadodara Spine Association.
- Director, Baroda Healthcare Private Limited.
- Managing Trustee, Unity Trust.
- Chairman, Unity Medicare Limited.
- Chairman, Sterling-Unity Hospital.
- Ex-Chairman, EMS, Baroda.
- Council Member, EMS, Baroda.

### **Cultural and Literary:**

- Winner of many School level, College level, University level, City level & State level Debates, Extempore Debates & Essay Competitions.
- Creative Gujarati writer for short stories, dramas, poems and ghazis. The same has been published in reputed magazines and broadcasted on All India Radio, Ahmedabad, Vadodara Station.
- Acted and directed many one act, two act and three act dramas, skits and mimes. Secured many prizes and awards for best acting and direction.
- Judge for many competitions for drama, skit, mime and mono-acting.
- Radio drama artist for the last 30 years at Ahmedabad, Vadodara Radio.
- Only post-graduate Doctor radio announcer in India.
- Television artist for T.V. serials and dramas.
- Compere for radio programmes at All India Radio, Vadodara Station.
- Interviewer for Radio Interviews at All India Radio, Vadodara Station.
- Secretary of Medico-Cultural Group – a Group of Culturally and Literarily active medicos.

### **Social:**

- Formed Medicos Medicare Association during 3<sup>rd</sup> M.B.B.S. and internship which served at two slums for upliftment of health.
- Founder Member of Lions Club, GIDC, Wagodia.
- Conceived and established “Baroda Foot Project” – an ongoing Project to give free prosthesis to amputees.
- I was the first from the District to reach Bhuj for earthquake relief with my team and conducted exhaustive onsite rescue and relief operations.
- Written, acted, directed and staged many street plays pertaining to social reforms and problems.
- Written articles on “Medical Social Problems” in leading dailies.
- Exhibitions and films on “Health Awareness” at social and

- religious gatherings.
- Chief guest, inaugurator and guest of honour at many social and religious functions.
- In my professional career of 18 years, I have conducted many medical camps, health check up camps and surgeries organized by various Clubs, Societies, Yuvak Mandals, Samajs and Groups.
- Managing Trustee of Unity Trust – a Trust which helps poor and needy patients.
- Founder Member and Chairman of Vadodara EMS Project. This project works for pre-hospital care and emergency room treatment upgradation in city.

### **Certification, Courses & Participation in Conferences/Workshops:**

- A.O. Basic Course
- A.O. Advance Course
- A.O. Pelvis and Acetabulum Course
- A.O. Complex Fracture Course
- A.O. Spine Course
- ASAMI, Basic Course
- ASAMI, Advance Course
- Deformity Correction Course (Dror Paley)
- Spine Instructional Courses
- Posterior Lumbar Fixation Course, Nice, France
- Bombay Orthopedic Society, Spine Course
- Basic Fracture Fixation Course, Bombay Orthopedic Society
- Advanced Fracture Fixation Course, Bombay Orthopedic Society
- JESS Course, Bombay Orthopedic Society
- External Fixation course, Bombay Orthopedic Society
- Endoscopic Spine Surgery Course, Bombay Orthopedic Society
- Cadaveric Flap Course, Bombay Orthopedic Society
- IOACON – Annual Conference of Indian Orthopedic Association – 1989 - 2006
- GOACON – Annual Conference of Gujarat Orthopedic Association – 1989 – 2006
- ASIS – Annual Conference 1999 – 2006
- ICSS – Courses 2003 – 2006
- Annual Conference, Indian Arthroscopic Association – 1998 – 2001
- WIROC – Annual Conference of Bombay Orthopedic Society, 1995 – 2006
- NAILSCON – 2004 – 2006
- ISSICON – International Spine & Spinal Injuries Conference – 2004 – 2006
- Gujarat Spine Association Annual Conferences – 1999 - 2006
- BOA - Conferences, Courses and Workshops
- AFFORT – Asian Federation of Orthopedic & Trauma Annual Conference – 1998 – 2002.
- IGOF – Indo-German Orthopedic Foundation Annual Conference – 1998 – 2001
- COE – Continuing Orthopedic Education Course – 1997 – 2006
- POSICON – Annual Conference of Pediatric Orthopedic Society of India – 2003 – 2006.